

# Tour England, Scotland and Wales with Southern Exposure!



**Dates:** 15 Days in March 2017

*Walk in the footsteps of centurions and soldiers, kings and queens, writers and poets – in a land permeated with legend and romance. Experience the diversity of Great Britain as you travel from city to country and back again, from cosmopolitan Edinburgh and London to the Cotswolds region, a beloved area of gentle hills with stone walls crisscrossing the landscape. It's a place one should visit and savor in depth and detail... and you'll be able to do exactly that on this unique escorted tour with Southern Exposure.*

On this special adventure, you'll experience many of the greatest cultural treasures that Britain has to offer, including:

- 3 UNESCO World Heritage sites – Stonehenge, Bath, Old Edinburgh
- A home-hosted dinner when you visit a local Welsh family in beautiful Snowdonia.
- An expert-guided tour of York Minster Cathedral, site of the world's largest expanse of medieval stained glass
- A visit to a working farm in the pastoral Lake District, to meet with a local farmer

We've done all the legwork for you *in partnership with Grand Circle Travel*, one of the world's premier travel providers. All you have to do is enjoy the trip. Your trip fee includes travel, meals, guided excursions and land travel by private motorcoach. Best of all, you'll travel in style with your friends from Southern Exposure!

**To reserve your place**, please call the Southern Exposure office at **(269) 962-1255** or Curtis directly at **(269) 209-5889**. Space for this special journey is available on a first-come, first-serve basis and is truly limited. To learn more about our itinerary and special trip offerings, please read on. All it takes to reserve your spot is a phone call and a \$350 deposit. Credit cards are accepted, so please call Curtis today to guarantee your reservation.



## Itinerary: England, Scotland & Wales

The splendor of Great Britain awaits you on this unique hosted trip to England, Scotland and Wales. The trip takes place during 15 days in March 2017 (exact dates to come). Here is a quick look at our itinerary:

**Day 1 – Depart U.S. on Flight to London, England**

**Day 2 – London, England**

**Day 3 – Tour London’s Historic Treasures**

**Day 4 – London / Oxford / Stratford / Cheltenham**

**Day 5 – Cheltenham / Bath / Stonehenge**

**Day 6 – Cheltenham / Snowdonia / Home Dinner**

**Day 7 – Snowdonia / Optional Welsh Experience**

**Day 8 – Snowdonia / Chester, England / York**

**Day 9 – York, England, Up Close**

**Day 10 – York / Optional Whitby & Castle Howard**

**Day 11 – York / Farm Visit / Lake District**

**Day 12 – Lake District / Edinburgh, Scotland**

**Day 13 – Edinburgh / Optional Scottish Evening**

**Day 14 – Edinburgh / Optional Royal Scotland Tour**

**Day 15 – Last Day in Scotland / Return to the U.S.A.**

For more details on this very special trip, please read on or call Curtis Whitaker directly at **(269) 209-5889**. Space is limited, so please make your reservations as soon as possible. *Thank you!*



**Itinerary Note:** This is a representative itinerary. Features are subject to change as we get nearer to our departure date in March 2017. While this is the itinerary that we strive to follow, due to local circumstances (such as moveable holidays, museum/site closing days, and weather conditions), it is important for you to understand that we may not always be able to follow this plan in the exact order. We will do our best to keep you informed of any changes.

## Detailed Itinerary: England, Scotland & Wales

*Here is a look at the detailed itinerary for this trip, subject to emendations as we get closer to 2017:*

### Day 1 – Depart U.S. on Flight to London, England

**Day 2 – London, England:** A Grand Circle representative will meet you at the airport and help you transfer to your hotel, where you'll meet your Program Director and your fellow travelers. The balance of the day is at leisure to relax after your overseas flight or do some exploring on your own.

You might consider a visit to the British Museum, which houses antiquities tracing the history of human culture. Its treasures include the Rosetta Stone, the largest collection of Mesopotamian antiquities in Europe, and more than 13 million other historical objects. Or perhaps you'll wander around Covent Garden, an outdoor marketplace since the 17th century, when it was a center for traders and merchants, and today home to some of London's most talented street performers. In fact, Covent Garden is the only part of London where street entertainment is licensed, and performers must audition and sign up for specific time slots in order to perform there. In the early evening, gather with your Program Director and travel companions for a Welcome Drink and briefing, followed by a Welcome Dinner at your hotel.

**Day 3 – Tour London's Historic Treasures:** Get an introduction to London's major landmarks, including Big Ben and the Houses of Parliament, on a panoramic tour this morning. Then enjoy the rest of the day, including lunch and dinner, on your own to make your own discoveries. Perhaps you'll visit one of London's many museums, including the Victoria and Albert Museum or Tate, a family of four galleries.

**Day 4 – London / Oxford / Stratford-Upon-Avon / Cheltenham:** After breakfast this morning, depart London for Oxford, whose university has educated some of the world's most prominent scholars and statesmen.

Set off a walking tour through the city center, passing some of the legendary colleges that have been seats of learning for many prime ministers, great writers, and various scholars, including Oscar Wilde, Jonathan Swift, and John Wesley. The University colleges dominate the center of Oxford, as you can see by the spires and the numerous stone walls bordering college buildings.



Oxford University was established in the eleventh century, but there is evidence of structured teaching dating back as far as AD 872. Rather than orienting around a central campus, the University is a collection of more than 38 colleges and buildings spread throughout the city. Oxford is also one of the settings for the Harry Potter movies and the Inspector Morse television series.



After lunch on your own in Oxford, travel to Stratford-upon-Avon, where you'll enjoy free time to discover the town of Shakespeare's birth, youth, and retirement.

Late this afternoon, transfer to your hotel in Cheltenham, located near the Cotswolds, a verdant landscape of rolling hills and charming country cottages. Dinner is at your hotel this evening.

**Day 5 – Cheltenham / Bath / Stonehenge:** Today's discoveries begin at Bath, where an included tour features a visit to the Roman baths. Bath is named for the springs that well up in this city, producing about 500,000 gallons of water each day at 120 degrees Fahrenheit. The lead-lined bath, steps, column bases, and edging stones all date from Roman times. The town later became a prosperous, high-society destination. The striking and elegant architecture of the city, Roman baths, and Georgian terraces inspired the setting for Jane Austen's novel, *Persuasion*. You'll see the principal sights here and enjoy lunch on your own in the city.

Then continue on to Stonehenge, the starkly dramatic stone monument that has engaged the world's imagination for centuries. As one of the world's most recognizable images of a prehistoric culture, Stonehenge creates a powerful impression. In addition to appreciating the unique design and construction, many visitors experience a feeling of uncommon mystery.

This evening, enjoy a traditional English experience with an early dinner at a pub. Take in the local scene and sample hearty pub grub over a pint. Return to Cheltenham in the late evening.

**Day 6 – Cheltenham / Snowdonia, Wales / Home-Hosted Dinner:** After an early breakfast, travel to the Snowdonia region of Wales—stopping en route in the small town of Llangollen in Northern Wales for lunch on your own.

The principality of Wales, together with Scotland and England, makes up Britain. Until the time of English King Edward I in the 13th century, this was an independent nation whose Celtic people fiercely defended their sovereignty. Welsh identity remains distinct today, exemplified in the language, which is actually much easier to pronounce than it looks once you learn the sounds associated with the letters.

Our destination is the strikingly scenic and mountainous section of Wales called Snowdonia, which surrounds the region's highest peak, Mount Snowdon. Snowdonia is part of the impressive Cambrian Mountains, which are steep-sided and rugged, presenting some of the most spectacular natural beauty in the British Isles. You are staying in Caernarfon, a small historic town right on the coast looking across to the Island of Anglesey. Near your hotel is the medieval castle and walls built by the English after their conquest of Wales. It was here that Prince Charles was formally inaugurated as Prince of Wales in 1969.

This evening, you'll be welcomed in by a local family for Home-Hosted Dinner and some of the legendary Welsh hospitality.

**Day 7 – Snowdonia / Optional Welsh Experience**

**Tour:** Spend the day exploring Snowdonia on your own. Or join an optional tour that includes a steam train ride on the Ffestiniog Railway from the coast of Porthmadog into the mountains at Blaenau Ffestiniog. The Ffestiniog Railway is the oldest independent narrow-gauge railway in the world. It was built in 1832 to carry slate but has been carrying passengers since 1864. This route will take you through some of Snowdonia’s spectacular scenery. Then you’ll pay a visit to the village of Portmeirion for lunch, and finish with a visit to a Welsh slate museum.

The remainder of the day is yours, and dinner on your own this evening.

**Day 8 – Snowdonia / Chester / York:** After breakfast, depart Wales for York via Chester. Upon your arrival in Chester, enjoy a short walking tour of this ancient English town with Roman roots and a well-preserved medieval center, followed by free time for lunch on our own.

Around AD 60, the Romans expanded their empire in Britain to the banks of the Dee River, where Chester is located. The city today still displays the Roman layout, extending from the Cross, where a Roman fortress stood, to four city gates. In the Middle Ages, commerce on the

Dee River, particularly with Ireland, enriched the town in the twelfth and 13th centuries. The prosperity of those times is still evident in one of Chester’s unique features: “the Rows,” a series of two-tiered shops along the ancient streets of the historic town center. Chester also holds a significant place in English cultural history as the town where, beginning in the 14th century, mystery plays (public theater depicting biblical events) were presented.

Continue on to York after lunch, arriving by late afternoon. Dinner is included tonight at your hotel.

**Day 9 – York, England, Up Close:** After breakfast, walk through the medieval city to the magnificent York Minster, where a local guide will highlight the history of the cathedral, the largest Gothic cathedral north of the Alps.

The stained glass here is magnificent. The cathedral’s Great East Window—created by John Thornton of Coventry and completed in 1408—is the largest expanse of medieval stained glass in the world. It is 76 feet tall and comprises 1,680 square feet of glass. After our visit, you’ll set off for a walking tour of the city with your Program Director, where centuries-old city walls enclose the best-preserved medieval town center in England.



York's history stretches back into ancient Roman times, when it was called Eboracum and served as the military capital of northern Britannia. Traces of Roman garrisons built before the fifth century are sprinkled throughout the city. By the ninth century, Vikings—from what is now Denmark—had succeeded the Romans, calling the town Jorvik and leaving one legacy you'll still see today: the suffix “-gate”—meaning “street” in the old Viking language—in many street names.

Spend the rest of the day as you please, with lunch and dinner on your own. Perhaps you'll use your included voucher for a traditional English “cream tea” at Betty's Tea Room—which you're free to use anytime during your stay in York—and enjoy the balance of the day to explore York at your own pace. Maybe you'll take in the Shambles—originally the meat-butchering area of the city. The cramped, ancient street now houses a variety of shops, and in some areas it is possible for upstairs residents to stretch out and shake hands across the street. Or pay a visit the National Railway Museum, one of the world's best museums devoted to the legacy of steam engines and railway memorabilia.

**Day 10 – York / Optional Whitby & Castle Howard Tour:** Today is yours to explore at your own pace. Or join us for an optional tour to Whitby and Castle Howard. After crossing the heather-clad North York Moors National Park, you'll arrive in Whitby, a key setting for Bram Stoker's *Dracula*. We visit Whitby Abbey, where, on a clear day, you will have spectacular views over the city itself and the North Sea. It was from this town that the explorer James Cook first set out to sea, and during the 19th century, Whitby was renowned for creating jet jewelry that was a favorite of Queen Victoria's.

On this optional tour, you'll take time in this original whaling port to savor an included Yorkshire lunch of fish and chips. Afterward, you'll head for Castle Howard, one of England's finest stately homes, still lived in by the Howard family and where much of the filming for *Brideshead Revisited* was done. Although construction on this Baroque masterpiece began in 1699, it took 100 years to complete. Admire its lavish, treasure-filled rooms—including paintings by Rubens and Gainsborough—and perhaps enjoy a stroll in its famed Rose Gardens. Dinner is on your own this evening.





**Day 11 – York / Farm Visit / Lake District:** This morning, depart for the scenic Lake District, England’s largest national park and home to 16 major lakes. Set amidst the most mountainous region of England, it has been the inspiration for countless writers, from Wordsworth and Keats to Beatrix Potter.

As you travel, visit a local former farm for an exclusive Discovery Series event in which you’ll learn about the challenges of modern-day farming, and enjoy a light lunch.

Arrive at your hotel in the late afternoon, and enjoy dinner here with your fellow travelers later this evening.

**Day 12 – Lake District / Edinburgh, Scotland:** Today, set off along the road to Edinburgh, enjoying an included lunch along the way. During your drive, you’ll pass through Gretna Green, Scotland’s southernmost town that was once popular with couples desiring to elope and marry.

By late afternoon, you’ll arrive in Edinburgh and check into your hotel, then join your Program Director for a vicinity walk to acquaint yourself with the area around your lodgings. Tonight, dinner is on your own.

**Day 13 – Experience Edinburgh, Scotland / Optional Scottish Evening:** After breakfast, enjoy a panoramic guided tour of Scotland’s capital, Edinburgh, long the center of Scottish culture, commerce, and education. You’ll see the unique atmosphere and architecture of Edinburgh’s Old and New towns as you pass along the Royal Mile.

Your tour includes a visit to Edinburgh Castle, which overlooks the city from a perch atop a long-extinct volcano. A royal dwelling has been located here since the twelfth century, and the castle’s St. Margaret’s Chapel—the oldest surviving building in the city—dates to this time.

Tonight, enjoy dinner on your own. Your Program Director will be happy to make some recommendations. Or join us for an unforgettable optional evening of Scottish entertainment at the stables of Prestonfield House, set in the heart of Edinburgh. It was built in 1688 by Sir James Dick, one of Scotland’s most prosperous merchants. Distinguished guests who visited Prestonfield House during the 18th century include Benjamin Franklin and Samuel Johnson. Today, Prestonfield House is a privately owned hotel.

Your Scottish evening includes a selection of typical historic Scottish tunes and melodies played on the accordion and fiddle, accompanied by a variety of singers. There will also be a demonstration of Scottish dancing, the Addressing of the Haggis (during which a Robert Burns poem is recited), and a performance on the Scottish bagpipes. Traditional songs such as “Amazing Grace” and Scotland’s unofficial anthem, “Scotland the Brave” will round off the evening. The grand finale includes the audience participating in saying good night by singing “Auld Lang Syne.”

**Day 14 – Edinburgh / Optional Royal Scotland Tour:** Enjoy a full day to make your own discoveries. Or join our optional Royal Scotland tour, where you’ll follow in the footsteps of British monarchs. Begin with a visit to the Royal Yacht Britannia. Commissioned by Queen Elizabeth II in 1954, the vessel was perhaps most famously used by Prince Charles and Lady Diana for their honeymoon cruise. Next, explore Holyrood Palace. Its carefully designed additions over the centuries have made it one of the most admired buildings in the British Isles. The palace was completed in 1501 and was the site of the marriage of Mary, Queen of Scots and Lord Darnley in 1565, and of much subsequent intrigue. Less than a year later, the jealous Darnley had Mary’s private secretary murdered here in her presence.

Your afternoon is at leisure for independent discoveries. This evening, join your travel companions and Program Director for an included Farewell Dinner.

**Day 15 – Edinburgh / Return to the U.S.A.:** Return home today, or continue your guided tour of Scotland with our optional Scottish Highlands extension.

For more details on this very special trip, please read on or call Curtis Whitaker directly at **(269) 209-5889**. Space is limited, so please make your reservations as soon as possible. *Thank you!*

### Trip Costs & Cancellation Coverage

**Trip Cost** – The per person price for this England, Scotland & Wales 2017 trip, including roundtrip airfare from Detroit, is \$3,595 per person, based on double occupancy (latest price available, subject to change).

Trip cancellation coverage is available for travelers on this trip; see the final page of this document for details and terms. For more information, please call Curtis Whitaker at **(269) 209-5889** or call the Southern Exposure office at (269) 962-1255 during normal office hours. Deposit is \$350 per person, fully refundable until 65 days prior to departure.

### What’s Included in the Package

- International round-trip airfare from Detroit Metro Airport to and from Great Britain
- Accommodations for 13 nights in comfortable rooms with private baths
- 22 meals – 13 breakfasts, 2 lunches, 7 dinners
- 8 included tours
- Exclusive Discovery Series events: Home-Hosted Dinner in Wales, York Minster History Tour, Lake District Farm Visit
- Personal headset on all included and optional tours
- Exclusive services of a Program Director
- Private motorcoach land travel
- Porterage for 1 bag per traveler, including tips



## What to Expect: England, Scotland and Wales 2013

We will make every effort to accommodate your travel needs and make sure you have a pleasant, memorable experience in Great Britain. At the same time, we want to be clear about what is involved. Please read these important advisories:

- **Walking:** This trip features a fair amount of walking up and down steps, and over uneven, unpaved, or cobbled surfaces and roads. Elevators are not available on this trip.
- **Physical Requirements:** For your comfort and safety, we recommend this trip only to individuals in good physical condition. This trip is not suitable for those who have difficulty walking or who are wheelchair-bound.

## Visa & Passport Information

U.S. citizens will need a valid passport for this trip. U.S. citizens do not need a visa for this tour to Great Britain. If you do not currently have a valid passport, please allow at least 6 weeks for your new passport application to be processed.

## Vaccinations Information

No vaccinations are required for this trip.



## TOUR RESERVATION POLICY:

Reservations can be made by calling Southern Exposure Farm at (269) 962-1255 or contact Curtis Whitaker directly at (269) 209-5889 with a \$350 deposit. Remaining balance due 90 days before departure.



**Date: March 2017**



## England, Scotland & Wales

Space is limited for this delightful adventure, so please don't wait to make your reservations. Call Curtis Whitaker at (269) 209-5889 or you may call the Southern Exposure office at (269) 962-1255 during normal office hours. Deposit is \$350 per person, fully refundable until 65 days prior to departure.

### Southern Exposure Herb Farm

11269 N Drive North  
Battle Creek, MI 49014

Phone: (269) 962-1255

Toll-free: 1-866-554-HERB

Website: [www.SouthernMoon.com](http://www.SouthernMoon.com)



# Tour Cancellation Policy and Travel Protection Plan

Please read the following cancellation policy and Travel Protection Plan. Pricing and coverages are subject to change as we get closer to the departure date for this travel adventure.

## Cancel For Any Reason Waiver

When you purchase the Travel Protection Plan, you also qualify for the Grand Circle Travel Cancellation Waiver Benefit that allows you to cancel your Grand Circle Travel Arrangements before your scheduled departure FOR ANY REASON.

## Pre-Existing Condition Exclusion Waiver

The exclusion for Pre-Existing Conditions will be waived if payment for this plan is received by Grand Circle Travel within 14 days of your initial deposit, for payment for your Trip.

Below is a brief listing of the plan benefits:

Part A - The Travel Arrangement Protection Benefits of this Part A are provided by Grand Circle Travel.

### Schedule of Benefits - Part A

Benefit	Maximum Benefit Amount
Trip Cancellation	Trip Cost
Trip Interruption	Trip Cost
Missed Connection	\$750
Travel Delay	\$750 (Up to \$150 Per Day)

Part B - The Travel Insurance Benefits of this Part B are provided by United States Fire Insurance Company.

### Schedule of Benefits - Part B

Benefit	Maximum Benefit Amount
Accidental Death and Dismemberment	\$25,000
Medical Expense, Emergency Assistance	
Accident and Sickness Medical Expense	\$50,000
Emergency Evacuation and Repatriation	\$500,000
One Call 24-Hour Assistance Services	Included
Baggage and Personal Effects	\$1,500
Baggage Delay	\$250

## If your Trip is Canceled or Interrupted, Your Travel Investment is Protected

If you are like a lot of people these days, you don't just look forward to your vacations, you need them. A vacation is your opportunity to rest, relax, and recharge your batteries. Or to catch up with friends and family. Unfortunately, many things happen that might cause you to cancel your travel plans or cut them short. Illness or injury. The death of a family member. The worst part is, without adequate protection, you can lose your travel investment. The Grand Circle Travel Protection Plan protects your travel investment if your Trip is canceled or interrupted for a covered reason such as injury, illness or death of you, a Family Member, a Traveling Companion or a Business Partner.

If you must interrupt your Trip or return home early for a covered reason, the plan will pay (up to the original cost of your Trip) for your unused land or water Travel Arrangements, less any refund paid or payable, plus the Additional Transportation Cost to return home or rejoin your Trip.

## Medical Expense and Emergency Assistance Benefits

If you have a serious illness or injury, the last thing you want to worry about is getting the care you need. The Grand Circle Travel Protection Plan gives you peace of mind with benefits that cover, up to the plan's limits, everything from medical expenses (incurred within 60 days of a sickness or injury that began during your Trip) to special transportation (such as an air ambulance) required for medical reasons.

## Travel Delayed? You're OK!

You'll be reimbursed up to \$150 per day (to a maximum of \$750 total) for meals and accommodations if your Trip is delayed for more than 12 hours for a covered reason.

## Baggage Lost or Damaged?

### You're Protected!

It's a traveler's nightmare. You arrive at your destination, but your baggage has disappeared. Or has been stolen or damaged. What do you do? If you're protected by the Grand Circle Travel Protection Plan, you'll be reimbursed up to \$1,500 to replace or repair your lost or damaged luggage and personal articles.

## Baggage Delayed?

### Need Clothes and Toiletries? Count on us!

The Grand Circle Travel Protection Plan reimburses you up to \$250 to help cover the cost of clothing, toiletries and, or personal items if your baggage is delayed for more than 24 hours while you are on your Trip.

## Accidental Death Benefit

Your beneficiaries will receive payment according to the plan's Schedule of Benefits for Accidental Death which occurs within 180 days of an injury sustained while you are on your Trip.

## The Travel Protection Plan is Administered by:

Trip Mate, Inc.  
9225 Ward Parkway, Suite 200  
Kansas City, Missouri 64114  
Tel: 1-800-888-7292

## The Travel Insurance is Underwritten by:

United States Fire Insurance Company under Form series TP 401. In KS, LA, SD, TX, and UT Form #'s TP-401 CW. In WA under Form #TP-401-WA. In OR under Form #TP-401 OR.

Reminder: Pricing and coverages are subject to change as we get closer to the departure date for this travel adventure. For the latest details, call Trip Mate at 1-800-888-7292.